WOMEN IN BUSINESS

Breaking down the common barriers all women face by providing resources, professional - development, and leadership opportunities.

IN THIS ISSUE:

Welcome new members!

Gal Pal Program/ Lean In Circles/ Mentoring Program

February Events

Sponsors



- Women's Business Connection Leadership Conference
- **Spring 2023 Executive Board**
- **Campus Resources**
- **Connect with WIB**

WIB is very excited for all the upcoming events planned for this semester, and we hope you are too!

To ensure you get the most out of WIB and meet membership at the end of the semester, you must attend 4/6 general meetings, obtain at least 9 event points, 1 community service point, and 1 philanthropy point.

Welcome New Members!

Our Purpose To encourage professional development and leadership while also promoting the importance of fostering relationships and inspiring

Our Mission To break down the common

Point Breakdown

EVENT POINTS

Reminders, FAQ's and more!

WIB's mission is breaking down the common barriers all women face by providing resources, professional development, and leadership opportunities.

Event points can be obtained by going to general meetings, lean-in circles, gal pal meetups, and more! Check out BAND to see which category the event is under.

PHILANTHROPY POINTS

Philanthropy points can be earned by attending events involving IWF, see BAND for more details!

COMMUNITY SERVICE

Community service points can be obtained by attending events involving DVIP, Gems of Hope, and more! See BAND for more details.

All information about events including location, time, and dress-code will be posted on BAND. Make sure you utilize BAND to get all important information.

All members must obtain 15 total events to make membership at the end of the semester. If you have any questions regarding points, please contact wibpoints@gmail.com



When we have professional speakers, you must dress business casual For meetings and events, you are expected to show up on time. Be engaged, ask questions, and be respectful to speakers! Attendance will be taken at all meetings and events, please bring your student ID. QR codes for virtual events & scanners or sign-in sheets for in-person events.

ADA Accommodations:

If there is any circumstance that would make it difficult for you to meet the point requirement, you can fill out this form! https://docs.google.com/forms/d/e/1FAIpQLSdLXNxT_6dPgZ4Zp13Esr2jUuUR0MkF8L2mF0zeVOXgbknBPA/viewform



INTERNAL PROGRAMS

LEAN-IN CICRCLES

Lean-In circles are required for all new members, however is open to any member. This program is a great way to connect with multiple members in WIB, and meets on a bi-weekly basis. Meetings could be a workshop, or a movie night! Attendance is taken at each meeting.

GAL-PAL PROGRAM

The Gal-Pal Program is a great way to make a new friend in WIB! Within the program, you will be paired up with another WIB member that has similar interests as you. Each month you will submit a picture of you and your gal-pal doing an

activity together.

MENTORING PROGRAM

Within the mentoring program, you will be paired with a mentor who can act as a guide, and can be a great resource! Mentees and mentors will meet 3 times a semester, or more, and have a chance to make a great connection! Mentees will reach out mentors to set up meetings, these can be in person or online!

ONTACTS FOR QUESTIONS

Lean-In Circles: ashleystepien@uiowa.edu Gal-Pal Program: ashleystepien@uiowa.edu Mentoring Program: kaitlynryan@uiowa.edu

MENTOR GAL-PAL LEAN-IN

FEBRUARY EVENTS

GENERAL MEETINGS/ LEAN IN CIRCLES

General Meeting #1: Feb. 08 8:00pm-9:00pm

Lean In Circle #1: Feb. 15

General Meeting #2: Feb. 22 8:00pm-9:00pm

EVENT POINTS

Women-Owned Valentine's Day Event- Feb. 13th 1pm-2pm Professional Clothing Swap- Feb. 15th 4pm-9pm Fit to Go- Yoga Class- Feb. 20th 2:30pm-3:30pm WIB x Estela's Fundraiser Feb. 20th Diversity Game Night- Feb. 23rd 7pm-8pm Marketing Pannel- Feb. 28th 6pm-7pm

COMMUNITY SERVICE POINTS

Valentines Cards for a Retirement Community- Feb. 13 6:30pm-7:30pm

WIB x Girl Scouts- Feb. 17 9:00am-1:00pm (1 hour shifts) DVIP Souper Bowl- Feb. 23 3:30pm-5:30pm

PHILANTHROPY POINTS Women Shoot High- Feb. 12 12:15pm-2:00pm

IMPORTANT REMINDERS:

Make sure you are on time and in correct dress code to ALL events. Some of these events are capped, if you sign up for an event and fail to show up, you will lose one point based on what category the event is. If you have any questions about location, dress code, time, etc. see BAND for more details!





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WOMEN'S BUSINESS CONNECTION LEADERSHIP CONFERENCE

The Big 10 Women's Business Connection Leadership conference has been an annual event for the past 8 years, originally established at the University of Iowa. Over the years, women from Big 10 schools from across the country have had the opportunity to meet other WIB Executive Members to collaborate, network, and build professional relationships. On behalf of the WBCLC planning committee at the University of Iowa, we would like to thank our sponsors for making this whole conference possible.

This year, The University of Iowa has been selected to host the 2023 Women's Business Connection Leadership Conference. The event will be held on the weekend of March 3rd through March 5th. Our amazing team has put an extensive amount of time and dedication into planning this conference, and we are beyond excited to host the event this year!







Bella Mangroo Communications Director



Aliki Kassioti Events Director

Lorelei Bahl Events Director Aleks Zeglen Finance Director

Camber Ostwinkle Marketing Director

Ella Clasen External Relations





Exec Members

President: Christina Kaufman- christina-kaufman@uiowa.edu Vice President: Hannah Shade- hannah-shade@uiowa.edu VP of Community Service: Alexa Michell- alexa-mitchell@uiowa.edu VP of Marketing: Angelina Bohde- angelina-bohde@uiowa.edu VP of Technology: Cassidy Brunscheon- cbrunscheon@uiowa.edu VP of Professionalism: Grace Stufflebeam- grace-stufflebeam@uiowa.edu VP of Fundraising: Bella Mangroo- imangroo@uiowa.edu VP of Sustainability: Olivia Wright- ogwright@uiowa.edu VP of Mentoring: Kaitlyn Ryan- kaitlyn-ryan@uiowa.edu VP of Internal Affairs: Ashley Stepien- ashley-stepien@uiowa.edu VP of Finance: Riley Hull- rhullt@uiowa.edu VP of External Relations: Maddie Rigdon- mrigdon@uiowa.edu VP of Diversity, Equity, and Inclusion: Hallie Porter- hallie-porter@uiowa.edu VP of Events: Maddie Nedelcoff- madison-nedelcoff@uiowa.edu

CAMPUS RESOURCES

University Counseling Services

Supporting mental well-being and helping students succeed at Iowa https://counseling.uiowa.edu/

Student Health and Wellness

Delivering quality healthcare to enhance success and learning for all University of Iowa students. https://studenthealth.uiowa.edu/

Student Disability Services

Student Disability Services exists to bridge the accessibility gap in the classroom. We take great pride in the academic and personal achievements of our students.

https://sds.studentlife.uiowa.edu/

Women's Resource and Action Center

Empowering individuals and fighting oppression since 1971 *https://wrac.uiowa.edu/*

Division of Diversity, Equity, and Inclusion

Our primary goal is to enhance a welcoming, respectful and inclusive campus environment for all. https://diversity.uiowa.edu/

CONNECT WITH



INSTAGRAM: UIOWAWIB



WEBSITE: HTTPS://WWW.BIZ.UIOWA.EDU/WIB/





LINKEDIN:

WWW.HTTPS://WWW.LINKEDIN.COM/IN/ WOMENINBUSINESSUNIVERSITYOFIOWA



