

# HAWKS HELP HAWKS



## UNIVERSITY COUNSELING SERVICE

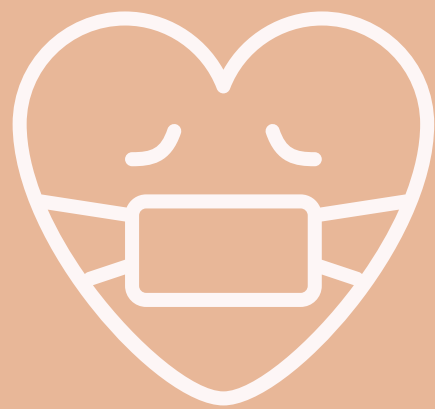
Provides support for students experiencing stress, unexpected challenges, & emergencies.

- Call (319) 335-7294 to schedule a consultation

## STUDENT HEALTH & WELLNESS

Resource to contact when sick or need advice with stress management, fitness, & nutrition.

- Call (319) 335-8394 to make an appointment



## STUDENT DISABILITY SERVICES

Helps remove barriers to learning for students with disabilities. Apply for accommodations and scholarships.

- Email: [sds-info@uiowa.edu](mailto:sds-info@uiowa.edu)

## CENTER FOR DIVERSITY & ENRICHMENT

Academic coaching, and programs and activities that support the ability of historically marginalized, first generation, and students who come from low socioeconomic backgrounds to thrive and succeed at the University of Iowa. Academic Coaches are available to support students throughout all aspects of their college experience. .

- Email: [cde@uiowa.edu](mailto:cde@uiowa.edu) (link sends e-mail)



# ACADEMIC RESOURCES



## SPEAKING CENTER

The Speaking Center offers quality, one-on-one tutoring to students who would like to work on any aspect of oral communication.

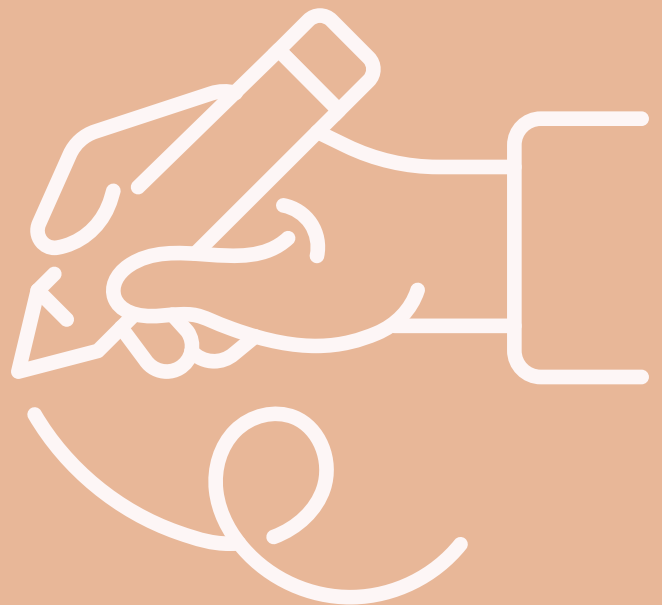
- Effective participation in class discussions
- Understanding unfamiliar cultural references
- Speech anxiety

- Make an appointment online: <https://uiowa.mywconline.net/>

## WRITING CENTER

The Writing Center assists with all writing projects, including multimedia projects, at any stage of development. The purpose is to help you become a better writer, reader and critical thinker.

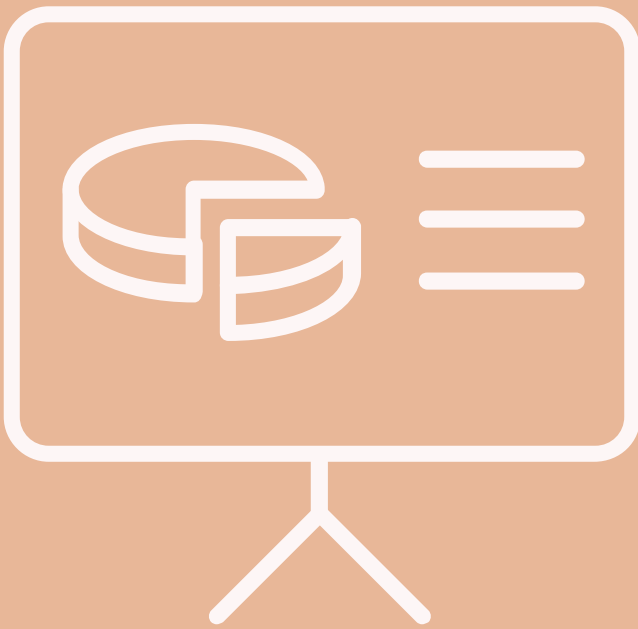
- Make an appointment online: <https://uiowa.mywconline.com/index.php?scode=WCAP>



## THE FRANK CENTER

The Frank Center tutors and staff can work with you to hone your writing, speaking, and visual design skills. Tippie College of Business students and Pre-Business students taking Tippie courses can sign up for an appointment

- Make an appointment online: <https://tippie.mywconline.com/>



## THE MATH LAB

MATH:1005/1340/1350/1380/1850/1860

The Math Tutorial Lab offers assistance in person at 125 MacLean Hall and via Zoom for the classes listed above.

- For the schedule, go to <https://math.uiowa.edu/math-tutorial-lab>

