



What is ConAgra Foods?

- * Fortune 500 company with \$11.6 billion of annual net sales
- * Maker of such well known brands as: Slim Jim, Orville Redenbacher's, Healthy Choice, Reddi Whip, DAVID seeds, Pam cooking spray, ACTII, Chef Boyardee, Eggbeaters and many more!
- * 25,000 employees throughout the U.S. and internationally

Greetings all Iowa Accounting and Finance Students,

ConAgra Foods is proud to be attending several recruiting events at the University of Iowa campus as outlined below.

ConAgra Foods is a fortune 500 company behind such well known brands as *Orville Redenbacher's, Slim Jim, Reddi-Whip, Hunts, Healthy Choice, Chef Boyardee, PAM, Banquet* and many, many more.

Finance/Accounting positions available at **ConAgra Foods** include:

Full time – Associate Financial Analyst positions that would participate in our 3 year Financial Development rotational program.

Summer, 2009 – paid summer internships also include free housing

Omaha Information – See what our city is like!

ConAgra will be conducting interviews at the Iowa Career Placement Center on Wednesday, September 24th for both full time positions in our 3 year Finance Development Program and for Accounting and Finance Internship positions for the summer of 2009.

Apply online at www.conagrafoods.com. Select www.conagrafoodscompany.com, Careers, Career Search, Search Openings, insert **2009 Associate Financial Analyst – Financial (Accounting) Development Program or 2009 Summer Finance Internship** in the Keyword field and select Search. Select Submit to Job to submit your resume on line for the position and **to be considered for an on-campus interview!** Iowa on-campus interview will be held Wednesday, September 24th at the Pomerantz Career Center.

To learn more about these opportunities please stop by the **ConAgra Foods** booth at one of the following University of Iowa campus events:

- Diversity Reception on Monday, [September 22nd from 5:30 to 7 p.m.](#) at the Pomerantz Center.
- Career Fair on Tuesday, [September 23rd from 11a.m. to 4 p.m.](#) at the Downtown Sheraton Hotel
- Meet the Firms night on Wednesday, [September 24th from 5 to 7:30 p.m.](#) at the Downtown Sheraton Hotel



Financial Development Program

ConAgra Foods is proud to announce we are once again looking for individuals to join our Financial Development Program. This is a terrific opportunity to gain broad corporate/business experience in addition to specific Finance/Accounting functional exposure over a 3-year period. Individuals in this program will rotate every 12 months into new Finance/Accounting assignments. Members of the Financial Development Program participate in on-going training & development, discussions with senior leadership and social team building activities. At the conclusion of this comprehensive 3-year rotational program, individuals will be placed into full-time Financial Analyst positions within the organization.

Program Highlights:

- * 3-year rotational program (3 unique 1-year rotational assignments)
- * Rotational opportunities are available in Omaha, NE (Global Headquarters), Naperville, IL (Chicago), Edina, MN (Minneapolis), Kennewick, WA and plant locations
- * During the three-year program, rotational assignments will include an assignment in each of the three different functional tracks: (1) Corporate Finance (2) Supply Chain Analysis and (3) Business Analysis
- * In addition to the rotational assignments, each member of the Financial Development Program will complete a robust three-year learning plan designed to build business acumen, accounting/finance technical skills, and leadership/management skills
- * Full time placement opportunities available throughout the United States upon completion of the program
- * On-going career development and training
- * Comprehensive benefit program that includes 3 weeks of vacation

Qualified Candidates:

- * December, 2008 or May, 2009 graduating Accounting & Finance majors
- * Minimum GPA of 3.0
- * Individuals with strong problem solving and analytical skills
- * Campus leaders who demonstrate strong team building/collaboration skills

ConAgra Foods Finance Internship Program

**Summer Internship opportunities will be available at
ConAgra Foods for the summer of 2009!!**

Finance/Accounting Internship opportunities available for:

- Students that have completed their junior year of studies.
- Finance, Accounting & Business majors.
- Highly motivated individuals that:
 - Have exhibited academic success (3.0 GPA)
 - Have strong problem-solving & analytical skills
 - Have exhibited successful leadership abilities
 - Have strong communications skills (written and verbal)
 - Have exhibited strong team work and collaboration skills
 - Are able to look at the details while understanding the big picture
 - Are open to future relocation and travel if offered a full time position

Finance/Accounting Internship information:

- 11-week paid internship, May – August, 2009
- Internships are located in Omaha, NE at ConAgra's corporate headquarter campus
- Undergrad intern housing is provided and paid by ConAgra Foods
- Individual intern projects assigned and final presentation made at conclusion of internship
- Weekly 'Lessons with Leaders' – intern sessions with executive leadership including CEO, CFO and other Corporate and Finance Leadership
- Tour of food manufacturing plant
- Organized social events: Baseball game, River boat cruise, BBQ, etc.
- Interns that demonstrate strong performance will be offered a full time opportunity to participate in the Financial (Accounting) Development Program (3 year rotational program)
- Previous interns have experienced & learned:
 - Technical skills – Excel, Access, etc
 - Real life financial situations and understanding of corporate finance
 - Career perspective
 - Importance of passion
 - Exposure to a Fortune 500 company
 - Opportunity to exercise creativity and make a real contribution to ConAgra Foods

****More information will be available at the Diversity Reception on September 22nd, Career Fair on September 23rd and at Meet the Firms on September 24th.**

ConAgra Foods is an equal opportunity employer.

The information contained above is a broad summary of the Finance internship program and is subject to change.

Applicants may submit their resume online at www.conagrafoods.com. Select www.conagrafoodscompany.com, Careers, Career Search, Search Openings, insert **2009 Finance Summer Internship** in the Keyword field and select Search. Select Submit to Job to submit your resume on line for the position.



More information is available at the University job postings website, and at the upcoming Career Fair.

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The information contained above is a broad summary and is subject to change.

To learn more about ConAgra Foods visit us at www.conagrafoodscompany.com

2008 BEST CITIES

No. 3: Omaha, Neb.

By Marc A. Wojno, Senior Associate Editor

From *Kiplinger's Personal Finance* magazine, July 2008

http://www.kiplinger.com/magazine/archives/2008/07/2008-best-city-omaha.html?kipad_id=47

PARADISE ON THE PLAINS

Population: 821,356

Population Growth Since 2000: 6.6%

Percentage of Workforce in Creative Class: 30%

Cost-of-Living Index: 89.4 (100 being national average)

Median Household Income: \$51,627

Income Growth Since 2000: 15.1%



Omaha Convention & Visitor's Bureau

Don't pigeonhole Omaha as insurance, Warren Buffett and mail-order steaks. This one-time Great Plains pioneer town has a stereotype-busting cultural scene. Walk through north downtown and discover the indie-rock club Slowdown next to Film Streams, a cinema art house. In Old Market, red-brick roads run past open-air restaurants, galleries and chic boutiques.

Funky, yes, but the city's success is defined by its midwestern values. People preach and practice a strong work ethic and modest lifestyle. They also believe in giving back to the community, and that includes the chief executives of the five Fortune 500 companies headquartered

here.

Consider the 175,000-square-foot Holland Performing Arts Center. Built with private funding from corporate executives, philanthropists and civic leaders, this \$100-million facility is a symbol of 21st-century urban modernism. A 2,000-seat, state-of-the-art concert hall -- with chiseled acoustic panels -- is the place to experience the classics, performed by the Omaha Symphony Orchestra.

And encouraging news: Businesses here are hiring and recruiting young professionals, especially in finance, health care, information technology and insurance. Entrepreneurs can also find fertile ground to make their mark. Rachel Jacobson, 29, who owns Film Streams, says that she wouldn't have opened her theater anywhere else. "Omaha is very open to new ideas."

Omaha continues to expand westward. Venture 10 miles southwest and you'll come to Millard, a suburb known for its top-rated, nationally recognized public-school system. It's a peaceful community with well-manicured lawns, sprawling subdivisions and shopping malls. Home prices are affordable, too. For example, a 3,000-square-foot, four-bedroom home sells for about \$350,000, while a 2,000-square-foot, three-bedroom home goes for about \$200,000.

Sales and property taxes are high -- upwards of 10%. But, says Tammy Lane, a mother of two whose kids are enrolled in Millard's public schools, "I love living here. It's the growth and quality of the schools that make the taxes worth paying."

Kiplinger's **2008 BEST CITIES TO LIVE, WORK AND PLAY**

- #1: Houston, Texas
- #2: Raleigh, North Carolina
- #3: Omaha, Nebraska**
- #4: Boise, Idaho
- #5: Colorado Springs, Colorado
- #6: Austin, Texas
- #7: Fayetteville, Arkansas
- #8: Sacramento, California
- #9: Des Moines, Iowa
- #10: Provo, Utah

The Making of the Top 10

From Kiplinger's Personal Finance magazine, July 2008

We relied on key numbers such as population growth, percentage of workforce in the creative class, income growth, median growth and cost of living to choose our Best Cities for 2008. But these are only a fraction of the factors we considered. We know that you're a

well-educated bunch who appreciate economic opportunities and a high quality of life and put a premium on managing money responsibly -- so cost of living is a priority.

Our process is based on work done by Kevin Stolarick, of the Martin Prosperity Institute, a think tank that studies economic prosperity. Stolarick helped us come up with a formula to identify thriving cities that also have the ingredients for future success.

So we included "triple threat" data on population growth, income growth and job growth. We also looked at the quality of jobs, giving high marks to places with many workers in technology, education, and professional and technical services.

Stolarick also included a "creative class" measurement, which comes from work he does with Richard Florida, academic director of the Martin Institute and author of *The Rise of the Creative Class*. Creative-class workers -- scientists, engineers, educators, writers, artists, entertainers and others -- inject both economic and cultural vitality into a city and help make it a vibrant place to live.

We also used the data to pinpoint suburbs or towns in a metro area where our readers might feel particularly at home. So places such as Cary, N.C., and Sugar Land, Tex., are mentioned in our stories.

Further research involved traveling to cities and interviewing insiders about prospects for continued prosperity. Our rankings factor in both the data and the results of our reporting.

OMAHA INFORMATIONAL LINKS

<http://www.omahayoungprofessionals.org/>

<http://www.omahachamber.org/>

<http://www.allaboutomaha.org/>

<http://www.omahacityweekly.com/>

<http://www.qwestcenteromaha.com/>

<http://www.omahatrails.com/>